

Students are NOT allowed to use other students lunch accounts.

DECEMBER 2011 CAFÉ MENU

Elementary & Intermediate

PARENTS: Please check your child's lunch account on southlakecarroll.edu website and go to "Lunch Money Now" link Get **FREE** low-balance email alerts



THREE CHOICES OF COLD MILK ARE INCLUDED
(1% white, Flavored Non-Fat, Lactose free)
Soy milk sold separately

(Menus are also posted on CISD website)

Menu Choice #1
Menu Choice #2






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad Meal	Chef Salad Meal	Chef Salad Meal	Chef Salad Meal	Deli Bag Meal
-or-	-or-	-or-	-or-	-or-
Yogurt Combo Meal	Deli-Bag Meal	Deli-Bag Meal	Deli-Bag Meal	Yogurt Combo Meal

Deli-Bag Lunch includes: Deli-style Sandwich, Baked Chips, Veggie, Fruit, & MILK Choice

Chef Salad Lunch: Lettuce, Tomatoes, Baby Carrots, Cheese, Cucumbers, Diced Chicken, Low-Fat Salad Dressing, Fruit, Crackers & Milk Choice

Yogurt Combo Lunch: Yogurt, Small Pretzel, String Cheese, Carrots w/dip, Fruit, & Milk Choice

Menu Choice #3

DEC. 1-2				Yummy Cheese Omlet Potato Smiles 100% Juice Strawberry cup	Pizza English Peas & Carrots Banana
DEC. 5-9	Grilled Chicken on Whole Wheat Bun Lettuce, Tomato, Pickle Veggie Sticks & Orange Smiles	Grilled Cheese Sandwich Tomato Soup Celery Sticks w/ranch dip Fruit Cocktail	Spaghetti Homemade Meat Sauce Italian Veggies Breadstick & Peaches	Taco Salad Bowl Pinto Beans Red Grapes Happy Birthday Ice Cream	Cheese Filled Pizza Sticks w/Marinara Sauce Tossed Salad w/carrots Applesauce
DEC. 12-16	Dragon Cheeseburger Burger Salad Potato Wedges Apple	Burrito Tossed Salad Fresh Fruit Medley Cookie	Sliced Turkey Breast Dressing & Green Beans Mashed Potatoes w/gravy Roll & Strawberry Cup	Corn Dog (Manager's choice on fruits & vegetables) Holiday Ice Cream Cup	Pizza (Manager's Choice fruit & vegetables)
DEC. 19-23 DEC. 26-30	 WINTER BREAK	 WINTER BREAK	 WINTER BREAK	 WINTER BREAK	 WINTER BREAK

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New PARENTS & STAFF FRIENDLY REMINDER:

EACH CAMPUS OFFICE HAS COPY OF TEXAS DEPT. OF AGRICULTURE NUTRITIONAL POLICY

Please keep in mind that Foods Of Minimal Nutritional Value (**FMNV**) are **not allowed in the food service area.**

Pre-Approved birthday parties are to be held outside the food service area during lunch, or after lunch has been served.

Schools may not allow meals to be provided to students in competition with meals served by the school food service dept.(PK-8 grades).

Tex.Dept. of Agriculture does not allow parents to feed lunch to children, other than their own. Violations can cause fines to the campus and loss of revenue to the school district.

PAYMENT SYSTEM: You may purchase meals and snacks for your child by sending money daily or by prepaying for meals in the cafeteria or on the website through "Lunch Money Now".

Please put your child's name on all checks brought to school. Checks should be made payable to Carroll ISD

Elementary Lunch: \$2.50
(includes Milk)

Intermediate Lunches: \$2.50
(includes Milk)

Adult Lunch: \$3.00
(includes milk or tea)

Visiting Sibling Lunch: \$2.75
(includes milk)

When student lunch accounts start getting low on funds, a GREEN wristband will be placed on the child's wrist to remind parents (in addition to Lunch Money Now email alert).

When the student is out of funds and the student's account is going into the negative, a YELLOW band will be placed on the student's wrist to advise parents.

When the student reaches the \$5.00 negative (limit) the Child Nutrition Dept. will provide a small cheese sandwich & carton of milk to assure the student gets something to eat.

For any reason, you do **NOT** want your child to receive a wristband, please call or email the Child Nutrition Dept. or your student's teacher.

Please go on-line to Lunch Money Now and register your email address to receive Low Balance Notices for your students. There is NO CHARGE for this service !

Parents: Please provide physician documented food allergies to the Child Nutrition Dept. or school nurse. Managers have authority to substitute when necessary.